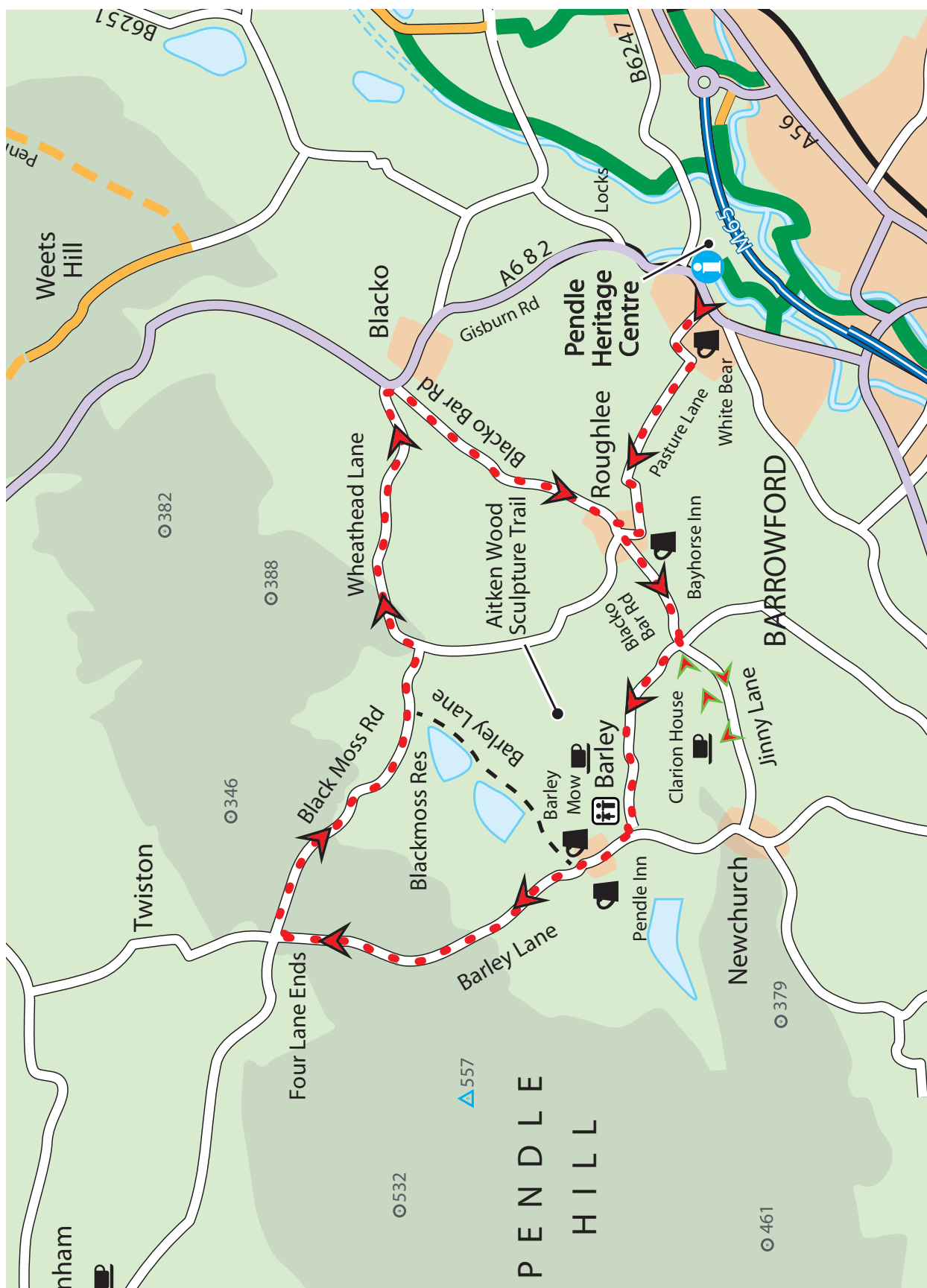


National Road Race Championship Circuit 2010

10 miles





MY FAVOURITE RIDES



Peter's favourite cycle route National Road Race Championship Circuit 2010 (challenging)

1. Set off from Pendle Heritage Centre, Barrowford either by road turning left onto Colne Road then left onto Gisburn Road and right onto Pasture Lane at the White Bear. Or, through the park and across the footbridge to the White Bear and up Pasture Lane
2. Continue all the way up Pasture Lane and down into Roughlee
3. At Roughlee turn left onto Blacko Bar Road and then right at the junction onto Barley New Road
4. If you are out on a Sunday and are already hungry or in need of a brew at this junction continue straight across up Jinny Lane to the Clarion House where cyclists and walkers have traditionally stopped off since 1912 to get away from the smoky mill towns (only open Sundays 10.30am to 4pm and some public holidays - www.clarionhouse.org.uk). Return back down Jinny Lane and turn left onto Barley New Road as before.
5. Follow Barley New Road past the car park, where you can buy refreshments at the Barley Café and use the public toilets, to the junction and turn right up Barley Lane through the village where you can drop in at the Pendle Inn or Barley Mow.
6. Follow Barley Lane all the way up to Four Lane Ends and turn right over the cattle grid at Annel Cross
7. Continue on Black Moss Road onto Wheathead Lane to Gisburn Road
8. Turn immediately right onto Blacko Bar Road back into Roughlee turning left not right right up Pasture Lane back to Barrowford and either through the park or along Gisburn Road to the Heritage Centre
9. FINISH

Stop off at the Heritage Centre or Booths café for a well-deserved brew and cake.

Peter Boast is from Cycle Sport Pendle (CSP), Pendle's Go Ride cycle club. This route is approx. 10 miles on mostly quiet roads with a couple of busy roads and junctions where you need to take more care. These are at Gisburn Road in Barrowford before turning up Pasture Lane and again on Gisburn Road at Blacko turning off Wheathead Lane onto Blacko Bar Road. This circuit is suitable for road bike all the way.